

# Stress Has Different Faces



SAP is here to help you overcome obstacles. We are your connection to professional counseling. SAP provides assessment, short term counseling and referral services to all employees.

## *Call Us!*

**(817) 339-8936**

Call us to make an appointment with an experienced counselor, to ask questions about how the SAP works, or about the benefits available to you and your eligible family members.

- All employee's and eligible family members
- A free and confidential service
- Daytime and evening appointments
- Professional staff (Master's and above)