

presents

2012 SPRING SYMPOSIUM

Building Your Toolbox for Dementia Care

Thursday, March 29, 2012

8:15 a.m.-4:30 p.m.

Riley Conference Center
1700 West Fuller Avenue
Southwestern Baptist Theological Seminary
Fort Worth, Texas 76115

Living with or caring for someone with Alzheimer's disease or a related dementia is a dynamic process, constantly changing. Every day can bring joy and challenges for the person with dementia, the family caregiver and the health care professionals tasked with caring for these special people.

Join the Alzheimer's Association–North Central Texas Chapter for the 2012 Spring Symposium. You will come away from this event with new ideas for care and management of Alzheimer's disease, as well as information about the latest research, legal issues and much more. Whether you are a family caregiver or health care professional, you will benefit from hearing Alzheimer's experts, visiting with senior care companies and networking with family caregivers and health care professionals.

SYMPOSIUM COSTS (Lunch is included.)

Professionals (Registering before March 16).....	\$75
(Registering after March 16)	\$90
Students, CNAs, Ministers and Professionals (no CEUs)	\$40
Family Caregivers.....	No Charge*

**The Alzheimer's Association is pleased to offer this program at no charge to the family caregiver. Donations are encouraged and appreciated.*

REGISTRATION INFORMATION

Faxed registration will only be processed if payment is made through a credit card. Do not mail registration form following faxed registration. Please fax registration form to 817-336-4966. You will receive confirmation by mail if registered by March 16, 2012. On-site registration will be available as space allows.

REFUND POLICY

Refunds will not be given, but substitutions are welcome if you are unable to attend.

FOR MORE INFORMATION

Please call 1-800-272-3900 or visit www.alz.org/northcentraltexas.



SPEAKERS

KEYNOTE SESSION

Libby Embry is a wife, mother, grandmother and Alzheimer advocate. She is a long time resident of Abilene, Texas, who taught middle school for over 20 years, but in 2008, her life took a different turn. She was diagnosed with young-onset Alzheimer's disease. Hear from Libby and her family as they share their journey.



GENERAL SESSION

Meharvan Singh, PhD has been a featured speaker at many Association events. Dr. Singh is the Director of Translational Research and Education with the Institute of Aging and Alzheimer's Disease Research at the UNT Health Science Center (UNTHSC). He also serves as Director of Research for the Center FOR HER at UNTHSC. He will be presenting information on the current direction of Alzheimer's research and what every citizen can do to further the cause.

Jim Audet, Medicaid Counselor

Jim Audet is co-owner of Medicaid Counseling Services. Jim and wife, attorney Michele Audet, work together helping seniors secure their future by accessing Medicaid benefits.

Kim Bell, LPC

Kim Bell is a licensed professional counselor working with caregivers of people with dementia. Ms. Bell's work focuses on promoting caregiver health through home visits, one-on-one counseling and phone consultations.

Dee Bergan, JD, MA

Ms. Bergan is an elder law attorney, eldercare mediator and medical ethicist. She is President of E-Senior Services, a web-based company that offers information and resources to help older adults, family caregivers, health care professionals and employers address age, illness and disability-related challenges.

Samuel Brinkman, PhD

Dr. Brinkman is a clinical neuropsychologist in Abilene, Texas. Since 1980, he has been involved in research and care for patients with dementia. Dr. Brinkman developed Gray Matters® Assessment System, a computerized tool used to screen accurately and economically for the earliest symptoms of Alzheimer's disease.

Natalie Davis, MA, ACC

Natalie Davis is a certified activity professional and owner of ActivTimes Consulting. She is a featured speaker at professional conferences and has also done training for family caregivers.

Heather McKay, MS, OT/L

Heather McKay, MS, OT/L is a dementia care specialist and owner of Partnerships for Health, a company providing dementia training to family caregivers and health care professionals. Ms. McKay is also a member of Dementia Care Professionals of America.

Amy Moss, DO

Dr. Moss is Assistant Professor of the Division of Geriatrics, Internal Medicine Department at the UNT Health Science Center. She serves senior adults and their families through the Gerontology Assessment and Planning Program at UNTHSC. In addition, Dr. Moss has served as medical director for hospice care and long term care facilities.

Todd Whitthorne

Todd Whitthorne is president and chief executive officer of Cooper Concepts, Inc., and executive director of Cooper Wellness Program, a division of Cooper Aerobics Center. Mr. Whitthorne graduated from UCLA with a degree in kinesiology.

Lori Windal, RN

Lori Windal is a nurse with over 12 years experience in hospice care. She currently serves as the volunteer coordinator for Hospice of Wichita Falls.

PANEL DISCUSSIONS

The Generational Experience of Alzheimer's Disease

Facilitated by **Howard Gruetzner, MEd, LPC**

Libby Embry, person with young-onset Alzheimer's disease

Jerry Embry, husband of Libby

Lara Embry Benavides, daughter of Libby

Synott Embry-Salas, grandson of Libby

The Nuts and Bolts of Legal Planning

Facilitated by **Steven Katten**, Attorney

Catherine Goodman, Attorney

Mary Jo Pleva, Geriatric Care Manager

Rick Weaver, Attorney

CNE INFORMATION

Nursing Goal

The purpose of this activity is to provide the registered nurse with current information related to the care of patients with Alzheimer's disease. The goal is to enable the nurse participant to contribute to quality health care by adequately communicating with patients and their caregivers about care issues, trends and directions in research and policy, and threats to patient safety and desired outcomes.

The University of North Texas Health Science Center is an approved provider of continuing nursing education by the Texas Nurses Association, an accredited approver by the American Nurses Credentialing Center's Commission on Accreditation. This activity provides 6.5 contact hours for the nurse.

Nursing Objectives

- Identify at least 3 techniques for maintaining caregiver health through activities that promote mental and physical health
- Explain the use of at least 2 communication guidelines and 2 behavioral modification techniques that serve a basis for person-centered care
- Communicate recent advances in Alzheimer's disease research for potential implications in future recognition

To receive a certificate of completion, participants are required to attend the activity session and return a completed credit request form and evaluation at the end of the activity.

AGENDA

- 7:30 a.m. - 8:15 a.m. **REGISTRATION**
- 8:15 a.m. - 9:30 a.m. **KEYNOTE ADDRESS**
The Generational Experience of Alzheimer’s Disease _____ *Libby Embry and family*
- 9:45 a.m. - 11:00 a.m. **BREAKOUT SESSION I**
In-depth Discussion of Alzheimer’s Disease _____ *Heather McKay, MS, OT/L*
Moving a Loved One with Memory Loss _____ *Amy Moss, DO*
Meaningful Activities for People with Dementia _____ *Natalie Davis, ACC*
Medicaid Eligibility 2012: a Pathway to Approval _____ *Jim Audet, Medicaid Counselor*
- 11:15 a.m. - 12:30 p.m. **BREAKOUT SESSION II**
The Nuts and Bolts of Legal Planning _____ *Legal Panel*
Hard Choices for Loving People: a Closer Look at Hospice _____ *Lori Windal, RN*
Understanding Behavior Within the Stages of Alzheimer’s Disease _____ *Heather McKay, MS, OT/L*
The Path to a Cure: Understanding Clinical Trials _____ *Sam Brinkman, PhD*
- 12:30 p.m. - 1:45 p.m. **LUNCH/EXHIBITS**
- 1:45 p.m. - 3:00 p.m. **GENERAL SESSION**
A Call to Action: What You Can Do about Alzheimer’s Disease _____ *Meharvan Singh, PhD*
- 3:15 p.m. - 4:30 p.m. **BREAKOUT SESSION III**
Effective and Respectful Communication _____ *Heather McKay, MS, OT/L*
Activities for Promoting Brain Health _____ *Todd Whitthorne, Cooper Aerobics Center*
Staying Sane in a Caregiving World _____ *Kim Bell, LPC*
Managing Conflict within Families _____ *Dee Bergan, JD*
- 4:30 p.m. - 4:45 p.m. **EVALUATION**

REGISTRATION FORM

Name Family Caregiver Professional Degree Organization

Mailing Address Home Office City State Zip

Daytime Phone Number E-mail Address

Will you be staying for lunch? Yes No Lunch Selection Salad (vegetarian) Sandwich

PLEASE CHECK OFF THE TYPE OF CONTINUING EDUCATION NEEDED

- LNFA – 6 continuing education clock hours (pending approval) Must provide license no. _____
- Other Administrators (assisted living, hospice, home health, personal assistance services) – 6 continuing education clock hours (pending approval)
- Activity Professionals – 6.0 clock hours (pending approval)
- Social Workers – 6.0 continuing education units (approved)
- Nurses – 6.5 contact hours for the nurse (approved)



SYMPOSIUM PREFERENCES – Choose one from each session.

SESSION I	<input type="checkbox"/> In-depth Discussion	<input type="checkbox"/> Moving a Loved One	<input type="checkbox"/> Meaningful Activities	<input type="checkbox"/> Medicaid Eligibility 2012
SESSION II	<input type="checkbox"/> Legal Planning	<input type="checkbox"/> Hard Choices for Loving People	<input type="checkbox"/> Understanding Behavior	<input type="checkbox"/> Understanding Trials
SESSION III	<input type="checkbox"/> Effective Communication	<input type="checkbox"/> Activities for Brain Health	<input type="checkbox"/> Staying Sane	<input type="checkbox"/> Managing Conflict

METHODS OF PAYMENT

Amount \$ _____ **Check** – Payable to Alzheimer’s Association Check No. _____
If paying by check, mail this form and your check to:
Alzheimer’s Association, 2630 West Freeway, Suite 100, Fort Worth, TX 76102

Credit Card VISA MasterCard American Express Discover
Credit card payments can be faxed to 817-336-4966. Card No. _____ Exp. Date _____

Credit Card Holder’s name as it appears on the card Signature



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